



Empowerment Through Girl Talk

Purpose of the Group

To offer a safe place where girls can come weekly to discuss issues they face daily, such as:

- Self-esteem
- Individuality
- Peer pressure
- Relationships
- Family issues
- School goals
- Dreams

Students will learn how to explore their feelings and promote positive change in female relationships.

Our group sessions will stress the importance of not only speaking from the heart, but listening from the heart.

The young ladies will learn to believe in themselves and value their self-worth.

SPONSORS:
Mrs. Jennings
Mrs. Hooker
(3-5 p.m.)
574 243-7000